



# Healthy Notions Presents:

# March 17th

Ditch the routine,



## Join the party!

## JOIN US FOR A 3 HOUR ZUMBA PARTY CHARITY EVENT and help fight childhood obesity!

Join the millions of people that have decided that having fun and working out are not mutually exclusive. Join those who'd rather have a blast. Join the party!

Led by Atlanta's Premier Certified Zumba Instructor LaWanda "The Fitness Diva" Brokenborough



### \*\*FUN, FITNESS, GIFTS, FOOD, SHOPPING AND GIVEAWAYS!\*\*



#### Registration Time:

Check-in Begins at 2:00pm  
\*suggested arrival 30 minutes before event\*

#### Event Time:

Saturday-March 17, 2012  
3:00- 6:00 pm

#### Location:

The Atlanta Academy  
2000 Holcomb Woods Pkwy  
Roswell, GA 30076

**Who is Invited:** Teens, Women and Men. Tell EVERYBODY...family, friends, church groups, classmates. This is a fun, community wide event!

#### Price of Tickets: (includes light refreshments)

**DONATION \$10 In Advance OR \$15 At the Door**

**\*TO PURCHASE TICKETS IN ADVANCE \***

Go to: <http://healthynotionszumba.eventbrite.com>

**\*ADVANCE GROUP TICKETS (10 tickets-\$90)**

**\*\*Childcare Available at Event \$5 per hr. (Supervised Childcare includes fun activities and snacks)\*\***

**What to wear to Zumba:** Wear comfortable workout clothes and smooth soled athletic shoes. The best shoe has a rubber sole but very little tread. You will want to be able to twist and turn on the dance floor.

Contact Info: [info@healthynotionskids.com](mailto:info@healthynotionskids.com) / Call: 678.693.2008/ Website: [www.healthynotionskids.com](http://www.healthynotionskids.com)

\*Vendor Opportunities Available\*



GEORGIA CROWN DISTRIBUTING CO.



Proceeds will help fight childhood obesity and benefit the educational and health related initiatives of Healthy Notions, a Georgia based 501(c)3 children's non-profit organization focused on decreasing risks for families and children 6-12 yrs. and portion of proceeds will benefit The Atlanta Academy scholarship fund. \*All donations are fully tax-deductible\*